# Understanding Bladder Cancer and the latest developments



This Education Day aims to provide nurses with up-to-date knowledge on bladder cancer treatments and the newest developments. Urology nurses and cancer nurses across the UK will have the opportunity to network and share their experiences and expertise. This event is also open to nurses who wish to extend their knowledge of bladder cancer and who may be working in other areas of urology or cancer care.

### 9.00 Registration and Coffee

### 9.30 Welcome and briefing on the day

Information on the work of the charity: its support offer, materials and grants programme.

Jeannie Rigby Chief Executive – ABC UK

Jackie O'Kelly & Di Cooke ABC UK Patient Support Officers

### 9.50 Nursing considerations for choice of reconstruction after cystectomy

This session will outline the role of the specialist nurse in assessing and counselling patients requiring cystectomy surgery.

Exploring the shared decision-making process while considering the patient's individual needs.

#### Jenny Akins

Urology Advanced Nurse Practitioner -Royal Wolverhampton NHS Trust, ABC UK Trustee

### **10.20** Surgical considerations for choice of reconstruction after cystectomy

This presentation discusses the challenges faced as a surgeon when performing cystectomy surgery and the appropriate assessment required in identifying choice of reconstruction.

#### Peter Cooke

Consultant Urological surgeon - Royal Wolverhampton NHS Trust, ICS Urology Clinical Lead

### 10.40 Refreshments

### 11.00 Conversations with couples facing progressive disease

To discuss concepts, and propose practical approaches, for CNS's supporting the patient-partner couple to adjust to the context of progressive disease and limited outlook.

#### Dr Alex King

Consultant Clinical Psychologist -Imperial College London

## **11.30** Sexual recovery in bladder cancer; past, present and future perspectives?

In this session we aim to outline evidence and practice patterns concerning sexual function and recovery in patients with bladder cancer.

We will present past, present and future perspectives along with a short guide for use in clinical practice.

#### Paula Allchorne MBA, RGN

Urology Lead Nurse for Barts Health, Psychosexual & Relationship Therapist (COSRT Reg), EAUN President, ABC UK Trustee and/

#### Rebecca Martin MSc, RN, NIP

Lead Nurse/Advanced Nurse Practitioner -The Royal Marsden NHS Foundation Trust

### 12.00 BCG – a patient perspective

A bladder cancer patient gives their perspective on BCG treatment – including impact on daily life, side effects, how they coped and what helped.

### 12.15 Lunch

### **13.00** How to manage lower urinary tract symptoms and side effects after intravesical therapy

Managing complex side effects from intravesical therapy.

#### Jeremy Crew

Consultant Urological Surgeon, & Honorary Senior Lecturer - NHS Oxford University Hospitals Foundation Trust

### 13.30 Showcasing exemplar practice across the UK

7 Minute presentations on exemplar nurse led services across the UK. Followed by dicussion and Q&A.

Rebecca Rushton Nurse Consultant - East Sussex HealthCare NHS Trust

Kathryn Chatterton Bladder Cancer ANP Guys & St Thomas' Foundation Trust

Laura Noble Bladder Cancer CNS Newcastle Upon Tyne Foundation Trust Vicki Moreton-Davis

Urology Advanced Nurse Practitioner -Charing Cross Hospital

### 14.30 Refreshments

### 14.50 Interactive session – Success and Challenges

Group work - 3 Top Things

### • What you are doing well

### • What you are struggling with

Identify mutual successes and challenges, how to overcome by sharing best practice.

Paula Allchorne & Jenny Akins

### 15.30 Summary and Conclusion

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A Nurses' Education Day Friday 13 September 2024

### www.actionbladdercanceruk.org



# Understanding Bladder Cancer UK Bladder Cancer UK and the latest developments

A Nurses' Education Day Friday 13 September 2024, The Studio, Birmingham

ABC UK Education Day for Urology Nurses and Clinical Nurse Specialists

This event is endorsed by



# ABC UK Patient Information Resources

ABC UK has a wide range of patient support materials – these include leaflets on different types of bladder cancer, a patient treatment decision aid, leaflets on living with a urostomy and many other aspects of living with bladder cancer.

> You can order these on our website using the link below or contact us directly at:

**Tel:** 0300 302 0085 **Email:** info@actionbladdercancer.org

### Order your resources online at

www.actionbladdercanceruk.org/order-materials/

### An Action Bladder Cancer UK event

Tel: 0300 302 0085 Email: info@actionbladdercanceruk.org

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A decision-making aid

Action

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